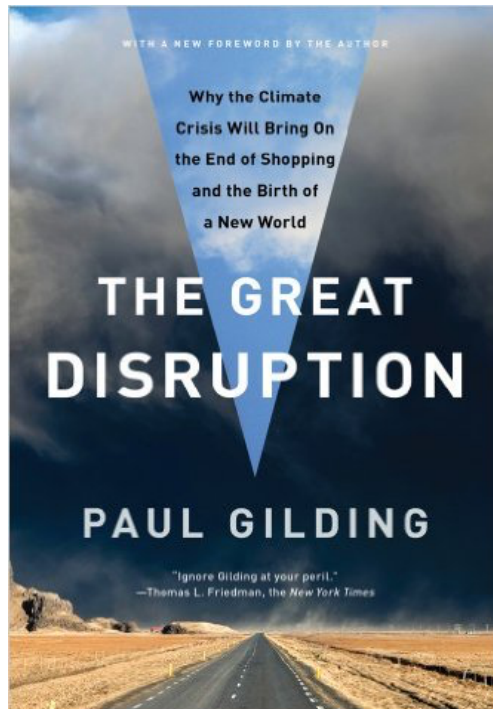


# Book Discussion on ***The Great Disruption***, by Paul Gilding

Hosted by Betsey Downing, Ph.D.,

Longtime meditation & yoga teacher; climate educator

**FREE!**



Come join fellow kindred spirits who are concerned about the state of our climate for a discussion that includes a spiritual perspective.

We'll discuss the science, as well as the ramifications in our lives and what we can do to prepare and to adapt to the disruption from the growing climate destabilization.

Held at the Oasis Café, 200 N Greensboro St, Carrboro, NC

- Tuesday, May 31, 3:30-5:00pm
  - Discuss chapters, 1-5, pages 1-75
- Tuesday, June 14, 3:30-5:00pm
  - Discuss chapters 6-10, pages 76-142

You could also watch Paul Gilding's Ted Talk:

[https://www.ted.com/talks/paul\\_gilding\\_the\\_earth\\_is\\_full?language=en](https://www.ted.com/talks/paul_gilding_the_earth_is_full?language=en)

Please RSVP to Betsey by noon on Tuesday, May 31 if you plan to attend:

[betsey@betseydowning.com](mailto:betsey@betseydowning.com)

Info about the book:

"It's time to stop just worrying about climate change, says Paul Gilding. Instead, we need to brace for impact, because global crisis is no longer avoidable: We have come

to the end of a world economy based on consumption and waste, where we live beyond our planet's means.

***The Great Disruption*** offers a stark and unflinching look at the challenge humanity faces, and yet also a deeply optimistic message. The coming decades will see loss, suffering, and conflict; however, they will also bring out the best humanity can offer: compassion, innovation, resilience, and adaptability.

Gilding tells us how to fight – and win – what he calls the “one-degree war” to prevent catastrophic warming of the earth. We can start today.”

“Gilding offers a clear-eyed and moving assessment of our predicament but more importantly, he offers a plausible way forward and good reasons to think we will rise to the occasion. His message is that our situation is dire, but we will act because we must. Essential reading.”

- Quote by David W. Orr, Distinguished Professor of Environmental Studies and Politics at Oberlin College