

## 2 comments from Eisenstein's blog, "What is the Next Story?"

I agree. Old story, new story. And, the transitions I read here are mostly philosophical. I like landing theory in everyday life, by changing practical stories. For instance:  
Old story: my wife is irritating me right now. New Story: my wife is telling me something I really should listen to. Old story: I love eating nachos. New story: I'm choosing a salad.  
Old story: I don't want to hit my drive into the water. New story: I see my golf ball 220 yards out in the middle of the fairway.

I know these examples aren't nearly as inspiring but my life is full of choice moments like that and ever since I discovered the power of telling the stories I want everything has changed. And, those everyday choices translate into the larger issues. Old story: I'm powerless to change the world. New story: I'm changing the world with every thought and word and action I make from an empowered place.

This resonates with every bone in my body. Thing is, I have felt this way since childhood but kept trying to fit into the old story that was all around me. Fortunately, I was given many opportunities to stay on track with the new story and now suddenly it feels like there is momentum building and every living being, non-human and otherwise is feeling this shift. People are uncomfortable in their skins, their ways of doing things, their ways of being in the world.

I include myself in this, it's as if we are outgrowing an old skin and it is painful to shed the skin partly because we're not sure what's on the other side of letting go of that old protective layer that we believe kept us safe and sane. If anything is true now it's that everything is uncomfortable and morphing into something else. Your essay makes me feel less alone and full of excitement for what is to come. There is another way and it is being born at this very moment. Thank-you for witnessing and holding the space for the new to come forth.